



Practitioner Referral and Information

Upon completion, please forward to: serenity.holisticwellness.wa@gmail.com

1) Which service are you seeking referral to:

☐ Equine Assisted Psychotherapy 1:1

☐ EMDR

2) Referee details:

Name: _____ D.O.B: ____/____/____ Age: _____

Address: _____ Postcode: _____

Mobile: _____

Email address: _____

School & Grade/ place of work/study: _____

Emergency contact (name / relationship): _____

Mobile: _____

Indigenous / Cultural Identity: _____

Preferred pronouns: _____

3) Referrer details:

Name: _____

Organisation Address: _____

Phone / Fax: _____

Email address: _____

4) Reason for Referral:

Presenting issues:

Current Mental Health Symptoms:



5) Treatment History – Mental Health (previous contact with services / hospitalisations / past diagnoses)

Substance Use (type / amount / frequency)

Forensic Issues (historical or current)

6) Risk

History of self-harm? Yes ☐ No ☐

Current thoughts / plans / intent Yes ☐ No ☐

Details:

Protective Factors:

History of suicidality? Yes ☐ No ☐

Current thoughts / plans / intent Yes ☐ No ☐

Details: _____

History of Violence? Yes ☐ No ☐

Current thoughts / plans / intent Yes ☐ No ☐



Details: _____

History of risk from others? Yes ☐ No ☐

Details: _____

Are there any other services involved to support the person? Yes ☐ No ☐

Details: _____

Will these services maintain involvement with the person if / when they engage Serenity Holistic Wellness? Yes ☐ No ☐

Are there any interim arrangements in place to support this person pending outcomes of the referral? _____

Please tick any health conditions that apply to the person you are referring:

☐ Allergic Reactions

☐ Asthma

☐ Epilepsy/ Fits

☐ Fainting / dizziness / blackouts

☐ Disorder/ Disability

☐ Injury

☐ Migraines

☐ Blood or Heart Condition

☐ Pregnancy

☐ Other Please describe condition/s ticked:

Is the person aware of to this referral? Yes ☐ No ☐

Is the person agreeable to this referral? Yes ☐ No ☐

Signature _____ Date _____

Serenity Holistic Wellness is not a crisis service, we do not provide crisis or acute care mental health services. We provide psychological interventions and therapy for people experiencing mild to moderate mental health problems. Hours of operation are Monday to Friday 9:00 to 18:00, Saturday 9:00 to 17:00, closed on Sundays.